

A low-angle photograph of a modern school building with large glass windows and brick accents, set against a clear blue sky. The building features a prominent vertical brick pillar and horizontal sections of light-colored siding.

St. Benedict Catholic Secondary School



Secondary Agenda

2025-2026



St. Benedict Catholic Secondary School

2993 Algonquin Road
Sudbury, ON P3E 4X5
705-523-9235



<http://st-benedict.sudburycatholicschools.ca>

STUDENT AGENDA

2025-2026

St. Benedict Prayer

Gracious and Holy Father,
Grant us the intellect to understand you,
Reason to discern you, diligence to seek you,
Wisdom to find you, a spirit to know you,
A heart to meditate on you.
May our ears hear you, may our eyes behold you,
And may our tongues proclaim you.
Give us the grace that our way of life may be pleasing to you
That we may have the patience to wait for you
And the perseverance to look for you.
Grant us a perfect end – your holy presence,
A blessed resurrection and life everlasting
We ask this through Jesus Christ our Lord. Amen.

“Deo Duce Quare Optima”
With God as guide, we seek the best

This agenda belongs to:

Name: _____

For Your protection, St. Benedict Catholic Secondary
School uses

VIDEO SURVEILLANCE

For further information contact
the School Principal at 705-523-9235
Superintendent of Education at 705-673-5620
165A D'Youville Street
Sudbury, ON P3C 5E7



2025-2026 Secondary School Year Calendar

September		February	
1	Labour Day	2	Semester 2 begins
2	Professional Activity Day	10	Report cards sent home
3	First Day of School	16	Family Day
10	Opening Liturgy	18	Ash Wednesday
22-26	Spirit Week	26	Winter Carnival
26	Professional Activity Day	27	Professional Activity Day
October		March	
13	Thanksgiving	8	Daylight Savings Time Begins
15	Progress reports sent home	16-20	March Break
16	Thanksgiving Liturgy	25	Progress Reports Sent home
16	Parent Teacher Interviews	26	Parent Teacher interviews
20	Professional Activity Day		
November		April	
2	Daylight Savings Time Ends	3	Good Friday
10	Term Flip	6	Easter Monday
11	Remembrance Day Service	9	Easter Liturgy
19	Mid Term sent home	20	Term 2 begins
24	Food drive kick off	22	Mid terms sent home
28	Professional Activity Day		
December		May	
9	Food Drive Wrap up	1	Summer Uniform Begins
18	Advent Liturgy	4-8	Catholic Education Week
19	Last Day of School before Christmas Break	6	Catholic Education Week Mass
		18	Victoria Day
		28	NEO Kids
January		June	
1	Happy New Year	5	Professional Activity Day
5	School Resumes	11	Convocation
15	Open House	12	Prom
23	Exams begin	17	Year End Liturgy
30	Professional Activity Day	24	Report Cards emailed home
		26	Last Day of School

"I give you a new commandment. That you love one another. Just as I have loved you" John 13:34

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PRINCIPAL'S MESSAGE

On behalf of the St. Benedict Catholic Secondary School community, I would like to welcome all of the students back to the 2024-2025 school year. I would also like to extend a very special welcome to our new grade 9 students and all other new students who are beginning their St. Benedict journey this year. St. Benedict continues to build a strong tradition of excellence in academic and extracurricular programs rooted in our faith. I encourage you to take advantage of these opportunities that will help you to maximize your potential as a student.

Our goal is to help each student succeed. We strive to prepare our students beyond the world of high school. Whether you intend to pursue a postsecondary diploma, degree or enter the workplace, rest assured that your experiences at St. Benedict will prepare you for the opportunities that lie ahead. This student agenda has been developed to assist you in organizing, managing, and planning your academic and personal life. It also contains helpful information about St. Benedict for both students and parents.

Welcome to the Bear's Den!

VISION STATEMENT

At St. Benedict Catholic Secondary School, our vision is to build a solid foundation of excellence: spiritual, emotional, intellectual, physical, and social, which will cultivate the growth of our students. We believe that to instill the capacity and motivation for lifelong learning, we must encourage each person, through a gradual process based upon individual growth and development, to accept responsibility for their own learning. This may be accomplished if we help the individual acquire the values, knowledge, and skills necessary to succeed in a more complex, interconnected world. The curriculum at St. Benedict will provide the individual with the perspective necessary to understand their relationship to God, community, country, and world, and how they can shape their own future.

MISSION STATEMENT

St. Benedict Catholic Secondary School provides a positive learning environment that will encourage academic excellence, creativity, and intellectual curiosity in harmony with each individual's abilities and interests. We are committed to providing a Catholic environment in which our students develop a sense of self-worth and self-discipline essential for personal growth. This commitment, involving all members of the St. Benedict community, recognizes that all students must be allowed to develop individual abilities to their fullest potential.

AT ST. BENEDICT YOU CAN EXPECT

- Safe learning environment
- Academic excellence
- Programs and services of the highest quality
- Community modeled on Christ's teachings
- Catholic tradition based on gospel values
- Caring, innovative, and involved staff
- To be treated as an individual
- To feel a sense of belonging and respect
- To be given responsibility
- To be treated fairly

Catholic Graduate Expectations

A discerning believer formed in the Catholic Faith

An effective communicator

A reflective and creative thinker

A self-directed, responsible, life long learner

A collaborative contributor

A caring family member

A responsible citizen



Secondary Schedules

Regular Schedule

Period 1	08:25 - 09:47
Period 2	09:50 - 11:05
Lunch	11:06 - 11:48
Period 3	11:51 - 01:06
Period 4	01:09 - 02:24

Morning Assembly Schedule

Period 1	08:25 - 09:15
Assembly/ Period 2	09:18 - 11:06
Lunch	11:06 - 11:48
Period 3	11:51 - 01:06
Period 4	01:09 - 02:24

House Day Schedule

Period 1	08:25 - 09:47
Period 2	09:50 - 11:05
Lunch	11:06 - 11:48
Period 3	11:51 - 12:41
Assembly/ Period 4	12:44 - 2:24

ATTENDANCE

Regular attendance is one of the most important factors in a student's academic success, social development, and spiritual growth. The administration and staff at St. Benedict are committed to the safety and security of our students at all times. Therefore, we have a stringent attendance policy and procedure in place. We urge parents and guardians to cooperate and support us in this.

Attendance is taken each morning before first period and it is also taken in each period during the school day. Students are expected to be punctual and attend all classes listed on their timetable. Students are also required to attend all masses, assemblies and special functions held during the year.

Procedures for Absent Students

Parents or guardians are asked to use the EDSBY app, contact the school at 705-523-9235 or email stbenedict@sudbury-catholicschools.ca as soon as possible to let us know that their child will be absent. If a student is absent and a phone call or email from the parent or guardian is not made to the school, the parent or guardian will be contacted.

Procedures for Students Who Are Late

Lateness can interfere with classroom instruction. Students should be on time for classes, and special events. Recurring lateness will be addressed by administration and parents. There will be a bell to signal the end of class and one to start the next. Students are expected to be in their classroom by this second bell.

LEAVING DURING THE SCHOOL DAY

Appointments

If a student is required to leave school during the day (e.g. doctor's appointment), parents are encouraged to use the EDSBY app or call the school (705) 523-9235. The student will be issued an "excused slip" that they will present to their teacher. When the student returns to school, they must sign in at the office before going to class. Students are not permitted to leave school without permission. Leaving the school without parental consent is considered truancy and will be addressed by administration.

Illness

A student who becomes ill during the school day is to report to the office. If the student is too ill to remain at school, the parent or guardian will be contacted and arrangements will be made for the student to leave.

Sign In/Sign Out Privileges

Students who are 18 years of age may apply for Sign In/Sign Out Privileges. Approval will be given to a student based on their attendance and discipline record. These privileges are only for legitimate reasons such as illness or medical appointments.

Leaving School Property

Grade 7 to 10 students, regardless of their age, are not permitted to leave school property. Senior students in grades 11 and 12 may leave school property at lunchtime or during their study period. Students who wish to leave the school during their study periods must have a sign in/sign out permission form signed by their parents or guardians. All necessary forms can be found in the main office. Students enrolled in an e-Learning course must be working in the Learning Commons.

CATHOLIC EDUCATION AND PASTORAL CARE

Catholic education views human life as an integration of body, mind, and spirit. Rooted in the vision, Catholic education fosters the search for knowledge as a lifelong spiritual and academic quest. The expectations of catholic school graduates, therefore, are described not only in terms of knowledge and skills, but also in terms of values, attitude, and actions. As a Catholic Community, St. Benedict is dedicated to its students in every aspect of their lives. The Chaplaincy Lead provides pastoral care to the St. Benedict community. The Chaplaincy Lead's office is located in the Learning Commons.

Celebration of Sacraments

Celebrations of the Eucharist are available to all students and staff. School liturgies are celebrated at significant points during the academic year.

Chapel

The chapel is located at the main entrance of the school. Mass is celebrated in the chapel for small groups and individual classes. The chapel is also open to students and staff to use as a quiet area to reflect and pray.

Religious Studies

Religious Education is not meant to be found in the religion class alone. Our Catholic values permeate the school and touch the students in all their classes. Each subject is taught with these values in mind. Liturgical celebrations, retreats, and community service are all integral to life at St. Benedict. Religion courses are offered for students in grades 7 to 12.

SCHOOL POLICIES AND PROCEDURES

School uniform

All students attending St. Benedict are to be in full uniform while on school property and while representing St. Benedict in the community. A student will not be admitted to class if they are not in proper uniform. Please visit

<https://www.mccarthyuniforms.ca>

The uniform consists of the following:

Bottom

- Tartan kilt – is to be worn with navy, hunter green or white knee socks or tights.
- Navy dress pant or navy short – if the pant is not purchased at McCarthy's, it is to be of the same material, style, and colour.
- Students are to wear navy, hunter green, black or white sport socks. Knee high socks are optional with shorts.

Top:

- Navy or hunter green golf shirt
- Rugby shirt
- Crew neck long sleeve knitted sweater – a white undershirt may be worn underneath this sweater
- Crew neck quarter zip sweatshirt – a white undershirt may be worn underneath this sweatshirt
- Zip sweatshirt – a plain white shirt or blouse is to be worn underneath
- V-neck cardigan – the white blouse or white t-shirt is to be worn underneath.

Footwear

Dress shoes or running shoes are to be **solid black** in colour and closed at the heel and toes. They should have flat non-marking soles with black laces. Shoes that are or resemble slippers, or sandals, are not permitted. Black ankle boots are permitted.

Other uniform requirements

- T-shirt worn under blouses and shirts is to be solid white.
- Any article of clothing that is ripped, torn, or stained is not permitted.
- Footwear must be worn at all times.

- Administration reserves the right to determine the appropriateness of all non-school uniform items.

BUS BEHAVIOUR EXPECTATIONS

Transportation to and from school is a privilege provided by the Sudbury Catholic District School Board. Contact the Sudbury Student Services Consortium at 705-521-1234 with any changes.

Students should be familiar with the following rules:

- All riders shall remain seated when the bus is in motion. Keep head, hands and arms inside the bus. Riders must sit in an upright position at all times.
- Fighting, and the use of obscene or inappropriate language is not acceptable.
- Bus riders are not to litter the bus with food or other debris. For health and safety reasons, eating is not permitted on the bus.
- The bus driver is asked to report any misconduct to the Principal.
- The bus driver is in complete charge while on the bus. Parents or guardian will be notified if there is misconduct.
- Bus riders may be denied the privilege of riding the bus.
- Riders are to be at the correct loading area 5 minutes prior to the scheduled pick-up time, morning and afternoon. Students should be waiting for the bus, not the bus waiting for students.
- Vaping/Smoking is not permitted on the school bus.
- It is not permitted to bring animals on the bus.
- Students must take the bus that is assigned to them. Taking another student's bus is not permitted.

ASSESSMENT AND EVALUATION

Assessment is the process of gathering information from a variety of sources including assignments, demonstrations, projects, performances, conversations, observations and tests that accurately reflect how well students are achieving the curriculum expectations. Evaluation is the process of judging the quality of a student's work on the basis of established achievement criteria and assigning a value to represent that quality.

Late Assignments

If a summative assignment piece is not submitted on the due date, the teacher in conference with the student will determine the appropriate actions/next steps or consequences needed to determine a grade reflective of student achievement.

Academic Honesty

Academic honesty is a fundamental cornerstone of student learning. Breaches of academic honesty are intentional attempts to gain credit for work that is not the student's own. All breaches of academic honesty shall be reported to the school administration and a plan of action will be implemented.

Learning Commons

The Learning Commons is open between 8:00 a.m. and 2:30 p.m. Books are available to borrow for 21 days. Long-term loans for books can be arranged upon request, if items are required for course assignments. Students may borrow laptops and iPads from the Learning Commons.

PERSONAL MOBILE DEVICE USE

The Sudbury Catholic District School Board is committed to providing and maintaining a safe and positive environment conducive to teaching and learning free from distraction. Recognizing that personal mobile devices (i.e., cell phones, Chromebooks, iPads, smart watches etc.) present opportunities and challenges, these guidelines outline the expectations for members of the school community regarding the use of these devices during the school day.

Definitions

Personal Mobile Device: Refers to any electronic device that can be used to communicate or access the internet, such as a cellphone, tablet (Chromebooks and iPads), laptop, or smartwatch.

Instructional Time: The period during which formal teaching and learning activities occur in schools, including school assemblies/gatherings. This excludes recess, lunch breaks, and other non-instructional activities.

Purpose

All members of the school community are not permitted to use devices during instructional time except under the following circumstances:

- For educational purposes as directed by an educator (use of Personal Mobile Devices must have a direct connection to the curriculum as outlined in the day plan)
- For documented health and medical purposes
- To support special education needs

Students in Grade 7 to 12

Grades 7 to Grade 12 must ensure that personal mobile devices are stored out of view and powered off or set to silent mode throughout the instructional time, except when their use is explicitly permitted by the educator. If the educator sees a personal mobile device that is not stored out of view, the device must be handed in for the instructional period and the device must be placed by the student in a storage area in a location in the classroom designated by the educator.

If the student fails to comply with the direction, the student will be sent to the principal's office. Should a student fail to comply with an educator's direction to place a device out of sight, the principal will exercise their discretion and consider a range of responses to address the student's behaviour.

COMMUNITY INVOLVEMENT

As part of the diploma requirements, students must complete a minimum of forty (40) hours of community involvement activities. These activities may be completed at anytime during their time at St. Benedict beginning in the summer between Grade 8 and Grade 9.

Community involvement activities may take place in a variety of settings: not-for-profit organizations, public sector institutions including hospitals, and informal settings. Students may not fulfill the requirement through activities counted toward a credit (cooperative education and work experience for example), through paid work, or by assuming duties normally performed by a paid employee.

The requirement is to be completed outside normal instructional hours – that is, during student designated lunch hours, after school, on weekends, or during school holidays. Students are advised to consult the Sudbury Catholic District School Board Community Involvement Policy Guidelines or contact the Guidance department.

ACTIVITY FEE

A student activity fee of \$40.00 will be collected from each student during the first week of September. This fee is used to subsidize student activities during the course of the school year, including a student card, lock, agenda, student activities sponsored by the Student Council and Athletic Council, and various other events held during the year. Payments can be made through School Cash Online, our online fee payment system that allows parents to pay for student fees and other school items (trips, athletic fees, pizza days, graduation or any other activity or item you have to pay for student purchase.) Parents can enroll by registering online at:

<https://sudburycatholicschools.schoolcashonline.com>

TEXTBOOKS

Students are responsible for lost textbooks and library books.

XELLO

Xello is an internet-based career exploration and planning tool for students as they consider career choices. It can be accessed from school or home. For more information please speak to your teacher.

STUDENT RESPONSIBILITIES

Hats and Caps

Baseball caps, and other hats are not to be worn inside the school.

Telephone Calls

Students may request to use office phones to connect with parents or guardians. Cell phones may be used before school or during lunch.

Photocopying

Photocopying is available in the Learning Commons. See the Librarian for more information.

Student Parking

Students are required to register their vehicles with the Vice-Principals. Student parking is located in the upper level. Students are to drive in a responsible manner. Parking privileges can be revoked if it is determined that student driving is unsafe. Parking passes are distributed on a first come first served basis.

Valuables

Students are asked not to bring items of value to school. Do not leave money or other valuables in your locker or the change room. The school is not responsible for lost or stolen items, including technology.

Locks and Lockers

Each student is assigned a locker and lock that they will use throughout their stay at St. Benedict. Lockers are the property of St. Benedict and can be accessed by administration at any time. Students are responsible for the care and cleanliness of their lockers. Students are not allowed to change their locker or lock without permission from the Vice-Principal. Unauthorized locks will be removed. Lockers cannot be shared with other students. Replacement locks can be purchased for \$5.00.

Smoking and Vaping

Smoking and vaping are not permitted on school property or at any school related activities.

Backpacks, Purses, Bags

Due to safety reasons, backpacks, purses, and other forms of baggage are not allowed in the classroom or in the halls. Computer bags designed for this sole purpose are permitted.

Excursions and Field Trips

Excursions and field trips are valuable learning experiences and are an important part of the school program at St. Benedict. In all situations, school rules and policies apply. Uniforms must be worn, unless the nature of the activity requires different clothing.

Classroom and School Safety

Safety is a critical part of all programs. Students must observe all rules and regulations without exception, particularly in science labs and technology shops. All students have the responsibility to foster a safe classroom environment. Horseplay and rough housing are unacceptable and will be brought to the attention of the administration.

Dress Down and Bear Wear Days

From time to time, the administration will designate certain days as Dress Down Days. Proper student behaviour and appropriateness of dress, consistent with the philosophy of our school, is expected on these days. On "Bear Wear" days, spirit clothing may be worn.

Extra-Curricular Expectations

At St. Benedict, we offer a vibrant extra-curricular program. Our athletes and club members tend to lead our school in spirit, character, and attitude. A student may be withdrawn from an extra-curricular program if the student experiences academic difficulty, or poor classroom attendance, at the discretion of the administration, until improvement occurs.

Student Council/Athletic Council/Diverse Student Union

Students have many opportunities to exercise leadership skills through a number of councils and other student activities. Throughout the year, students are encouraged to listen to announcements to join in these activities. Such opportunities help students to have a fuller experience while in the Bear's Den.

CODE OF CONDUCT

St. Benedict is a caring Catholic community that fosters a positive school climate so that students learn to become self-directed, responsible life-long learners. Appropriate student behaviour and early on-going intervention, along with preventative education is integral to ensuring the safety of our students.

The Code of Conduct is enforced through a progressive discipline model which supports bullying prevention, character education, student leadership and community partnerships.

Students at St. Benedict are expected to put forth their best effort at all times and to conduct themselves in an appropriate manner, as articulated in the motto:

With God as guide, we seek the best.

To achieve this, students have certain rights and responsibilities which include, but are not limited to, the right to be treated with respect and dignity. In return, they must demonstrate respect for themselves and for others and the responsibilities of citizenship through acceptable behaviour. Respect and responsibility are demonstrated when a student:

- comes to school prepared, on time and ready to learn.
- shows respect for themselves and for others.
- refrains from bringing anything to school that may compromise the safety of others.
- follows the established rules and takes responsibility for his or her own action.

Definition of Bullying Education Act Policy/Program Memorandum No. 144

“Bullying” means aggressive and typically repeated behaviour by a pupil where,

1. The behaviour is intended by the pupil to have the effect of, or the pupil ought to know that the behaviour would likely have the effect of,
 - i. causing harm, fear or distress to another individual, including physical, psychological, social or academic harm, harm to the individual's reputation or harm to the individual's property, or
 - ii. creating a negative environment at a school for another individual, and
2. The behaviour occurs in a context where there is a real or perceived power imbalance between the pupil and the individual based on factors such as size, strength, age, intelligence, peer group power, economic status, religion, ethnic origin, sexual orientation, family circumstances, gender, gender identity, gender expression, race, disability or the receipt of special education.

Cyber-bullying

1. Creating a web page or a blog in which the creator assumes the identity of another person
2. Impersonating another person as the author of content or messages posted on the internet; and
3. Communicating material electronically to more than one individual or posting material on a website that may be accessed by one or more individuals.

Aggressive behaviour may be intentional or unintentional, direct or indirect. It can take many forms, including physical, verbal, and social. If aggressive behaviour is physical, it may include hitting, pushing, slapping and tripping. If it is verbal, it may include name calling, mocking, insults, threats, and sexist, racist, homophobic, or trans-phobic comments.

If it is social, or relational, aggression, it is more subtle and may involve such behaviours as gossiping, spreading rumors, excluding others from a group, humiliating others with public gestures or graffiti, and shunning or ignoring. Social aggression may also occur through the use of technology (e.g., spreading rumours, images, or hurtful comments through the use of e-mail, cell phones, text messaging, Internet websites, social networking, or other technology).

Activities for which suspensions must be considered under section 306(1) of the Education Act.

1. Uttering a threat to inflict serious bodily harm on another person
2. Possessing alcohol or illegal drugs
3. Being under the influence of alcohol
4. Swearing at a teacher or at another person in a position of authority
5. Committing an act of vandalism that causes extensive damage to school property at the student's school, or to property located on the premises of the student's school
6. Bullying

Any other activity for which a student may be suspended under a policy of the Board

7. Persistent opposition to authority
8. Habitual neglect of duty
9. Willful destruction of school property; vandalism causing damage to school or Board property located on school or Board premises
10. Use of profane or improper language
11. Use of tobacco
12. Theft
13. Aid/incite harmful behaviour
14. Physical assault
15. Being under the influence of illegal drugs
16. Sexual harassment
17. Racial harassment
18. Fighting
19. Possession or misuse of any harmful substances
20. Hate-motivated speech
21. Extortion
22. Distribution of hate material
23. Inappropriate use of electronic communications/media
24. Non-Consensual distribution of intimate images
25. Other

Activities for which expulsion must be considered under section 310(1) of the Education Act.

1. Possessing a weapon, including possessing a firearm
2. Using a weapon to cause or to threaten bodily harm to another person
3. Committing physical assault on another person that causes bodily harm requiring treatment by a medical practitioner
4. Committing sexual assault
5. Trafficking in weapons or illegal drugs
6. Committing robbery
7. Giving alcohol to a minor (under 18 years of age)
8. Bullying (if the student has been previously suspended for engaging in bullying and the student's continuing presence in the school creates an unacceptable risk to the safety of another person)
9. Any activity listed in subsection 306(1) that is motivated by bias, prejudice, or hate

Any other activity for which a student may be suspended under a policy of the Board

1. Possession of an explosive substance
2. Serious or repeated misconduct
3. Other

VTRA (Violent Threat Risk Assessment)

Fair Notice to Parents/Guardians

The Sudbury Catholic District School Board aims to maintain a positive and safe environment in their schools for all students, staff, parents and visitors. Any kind of violence or harassment is taken very seriously. As a result, when a student's behaviour poses a serious threat to his or her safety, or the safety of others, the Board reserves the right to activate a Violent Threat Risk Assessment (VTRA).

When a VTRA is activated, parents/guardians will be notified. If a concern for safety still exists, and parents/guardians cannot be reached, or if they choose not to provide consent to share information, the threat assessment process will still proceed. Sudbury Catholic District School Board is subject to personal information privacy laws, and will undertake the collection of this information in compliance with the requirements of such laws, including by limiting collection of information that is relevant and necessary to address a risk or threat and by ensuring that information is collected from on-line sources and is only obtained from open source sites. The Board will not collect information as part of a threat assessment unless there is reason to believe that a risk exists. Information collected as part of a threat assessment may be provided to law enforcement authorities in appropriate circumstances. In sharing personal information with community partners and agencies, each individual's right to privacy will be balanced with the need to ensure the safety of all. Student safety is our first priority.

Please refer to the Board's website for more information: www.scdsb.edu.on.ca

Guidance Services for secondary students

Guidance Department

The Guidance Department at St. Benedict focuses on student orientation, education, and career planning, linkages with post-secondary institutions, as well as apprenticeship and workplace initiatives. The monitoring of student progress and the development of special programs such as peer tutoring and remediation programs for at-risk students are also key components. Individual counseling is available to students and parents who may have concerns about social, emotional, and educational development. Referrals to school resource personnel as well as community and social services are facilitated by a guidance counselor.

Graduation requirements

To obtain the Ontario Secondary School Diploma, students need 18 compulsory credits which include the following:

- 4 credits in English (1 credit per grade)
- 3 credits in Mathematics (1 credit in Grade 11 or 12)
- 2 credits in Science
- 1 credit in Canadian Geography
- 1 credit in Canadian History
- 1 credit in the Arts
- 1 credit in Physical Education and Health
- 1 credit in French as a Second Language or Native as a Second Language
- 1 credit in Technological Education
- 0.5 credit in Career Studies
- 0.5 credit in Civics

Plus, one credit from each of the following groups:

Group 1: additional credit in English, or French as a Second Language, or a Classical or International Language, or Social Science and the Humanities, or Canadian or World Studies, or Guidance and Career Education, or Cooperative Education.

Group 2: Additional credit in Physical Education and Health, or the Arts, or Business Studies, or French as a Second Language, or Cooperative Education.

Group 3: Additional credit in Science (Grade 11 or 12), or Technological Education, or French as a Second Language, Computer Studies, or Cooperative Education.

In addition, students must complete:

- 12 optional credits
- 40 hours of community involvement activities
- the provincial literacy requirement (OSSLT, Grade 10 Literacy Test)
- at least 2 on-line learning courses

Student Course Load

Students must have a full timetable each semester. Students in Grade 12 who have achieved 24 credits by that September may be considered for one study period.

Study Periods

Grade 12 students who qualify for a study period are to sign in to the Learning Commons and are to remain in the Cafeteria or Learning Commons during this time as this will help minimize classroom disruptions. Students are urged to use their study period time wisely. Students on a study period are to attend assemblies, masses, and all special functions. If a study period occurs during Period 1, students are expected to report to their assigned Homeroom if they arrive at school prior to 8:25 a.m.

Examinations

Most courses require students to complete a final evaluation in the form of an examination. Our formal examination period takes place at the end of each semester and is scheduled over a period of 5 days. Normally, thirty percent of the course grade will be based on the exam mark. All students are required to write final exams. The only valid reason for missing an exam is serious illness supported by a physician's note. Taking a vacation, early summer job placements, etc., are not considered valid reasons.

Notes:

Resources

Crisis Intervention Services

A crisis can be triggered by an unexpected event, like a recent break-up, or a job loss. It might be something that you have been coping with for a while that becomes too much to manage, like stress at work or school, feeling alone, or thoughts of suicide. You may be having symptoms of depression, anxiety, other mental health concerns or an addiction. Service is staffed 24 hours a day, 365 days a year by staff with specialized training in Crisis Intervention.

Call: 705-675-4760 or Children's Mobile Crisis Program 1-877-841-1101

Visit: 127 Cedar St. (No appointment necessary) 8:30am - 10:00pm

Meet: Mobile service. Available 10:00am - 10:00pm. Will meet you in a safe location.

Access AIDS Committee of Sudbury	705-688-0500	
AIDS Hotline, HIV anonymous test, needle exchange	1-800-363-8388	
Alcoholics Anonymous	705-674-6217	
Centre for Addiction and Mental Health	705-675-1195	
John Howard Society of Sudbury	705-673-9576	
Narcotics Anonymous	1-888-811-3887	
Children's Aid Society	1-877-272-4334	or 705-566-3113
Children's Community Network	1-877-272-4336	or 705-566-3416
Sudbury Action Centre for Youth	705-673-4396	
Crime Stoppers	1-800-222-TIPS	
Outreach Program (adults and youth)	705-669-1502	
Genevra House	1-800-461-0133	or 705-674-2210
Salvation Army	705-673-1175	
Blue Door Cafe Sudbury Soup Kitchen	705-675-5300	
Inner City Home of Sudbury Food Bank	705-675-7550	
Salvation Army Family Services Food Bank	705-566-8151	
Kids Help Phone	1-800-668-6868	
Parent Help Line	1-888-603-9100	
Ontario Poison Centre	1-800-268-9017	
Pregnancy Care Centre of Sudbury	705-673-5003	
Violence, Intervention and Prevention (acute)	705-675-4743	
Voices for Women Sexual Assault Centre (16 years old+)	705-671-5495	
Sexual Assault Help Line	1-866-863-0511	
Sudbury and District Health Unit	705-522-9200	
Telehealth Ontario	1-866-797-0000	
Welfare Ontario - Ontario Works	705-675-2411	
YMCA Employment and Career Services	705-674-2324	

