

St. Benedict Catholic Secondary School



# Secondary Agenda

2023-2024





## St. Benedict Catholic Secondary School

2993 Algonquin Road  
Sudbury, ON P3E 4X5  
705-523-9235



<http://st-benedict.sudburycatholicschools.ca>

### STUDENT AGENDA

2023-2024

#### St. Benedict Prayer

Gracious and Holy Father,  
Grant us the intellect to understand you,  
Reason to discern you, diligence to seek you,  
Wisdom to find you, a spirit to know you,  
A heart to meditate on you.  
May our ears hear you, may our eyes behold you,  
And may our tongues proclaim you.  
Give us the grace that our way of life may be pleasing to you  
That we may have the patience to wait for you  
And the perseverance to look for you.  
Grant us a perfect end – your holy presence,  
A blessed resurrection and life everlasting  
We ask this through Jesus Christ our Lord. Amen.

“Deo Duce Quare Optima”  
With God as guide, we seek the best

This agenda belongs to:

Name: \_\_\_\_\_

For Your protection, St. Benedict Catholic Secondary  
School uses

#### VIDEO SURVEILLANCE

For further information contact  
the School Principal at 705-523-9235  
Superintendent of Education at 705-673-5620  
165A D'Youville Street  
Sudbury, ON P3C 5E7



## 2023 - 2024 Secondary School Year Calendar

<b>September</b>		<b>February</b>	
1	Professional Activity Day	1	Exams
4	Labour Day	2	Professional Activity Day
5	Professional Activity Day	5	Semester 2 Begins
6	First Day of School	14	Ash Wednesday Liturgy
9	Picture Day	19	Family Day
13	Opening Liturgy	23	Semi-formal
29	Picture Day Professional Activity Day	29	Winter Carnival
<b>October</b>		<b>March</b>	
9	Thanksgiving	8-17	March Break
11	Thanksgiving Liturgy	10	Daylight Savings Time Begins
17	Progress Reports sent home	26	Progress Reports sent home
18	Parent/Teacher Interviews	27	Parent/Teacher Interviews
		29	Good Friday
<b>November</b>		<b>April</b>	
1	Winter Uniform Begins	1	Easter Monday
5	Daylight Savings Time Ends	3	Easter Liturgy
7-8	Graduation Pictures	24	Mid-terms are sent home
9	Remembrance Day Service	19	Professional Activity Day
9	Picture retake day		
10	Professional Activity Day		
15	Mid-terms are sent home		
<b>December</b>		<b>May</b>	
19	Advent Liturgy	1	Summer Uniform Begins
22	Last Day of School before Christmas Break	5-10	Catholic Education Week
		8	Catholic Education Week Liturgy
		20	Victoria Day
		31	Last Day of Field Trips
<b>January</b>		<b>June</b>	
1	Happy New Year	6	Athletic Banquet
8	School Resumes	10	Professional Activity Day
25	Semester 1 Ends	12	Year End Liturgy
26-31	Exams	13	Convocation
		14	Prom
		24-28	Exams
		28	Last Day of School

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## **PRINCIPAL'S MESSAGE**

On behalf of the St. Benedict Catholic Secondary School community, I would like to welcome all of the students back to the 2022-2023 school year. I would also like to extend a very special welcome to our new grade 9 students and all other new students who are beginning their St. Benedict journey this year. St. Benedict continues to build a strong tradition of excellence in academic and extracurricular programs rooted in our faith. I encourage you to take advantage of these opportunities that will help you to maximize your potential as a student.

Our goal is to help each student succeed. We strive to prepare our students beyond the world of high school. Whether you intend to pursue a postsecondary diploma, degree or enter the workplace, rest assured that your experiences at St. Benedict will prepare you for the opportunities that lie ahead. This student agenda has been developed to assist you in organizing, managing, and planning your academic and personal life. It also contains helpful information about St. Benedict for both students and parents.

### **Welcome to the Bear's Den!**

## **VISION STATEMENT**

At St. Benedict Catholic Secondary School, our vision is to build a solid foundation of excellence: spiritual, emotional, intellectual, physical, and social, which will cultivate the growth of our students. We believe that to instill the capacity and motivation for lifelong learning, we must encourage each person, through a gradual process based upon individual growth and development, to accept responsibility for their own learning. This may be accomplished if we help the individual acquire the values, knowledge, and skills necessary to succeed in a more complex, interconnected world. The curriculum at St. Benedict will provide the individual with the perspective necessary to understand their relationship to God, community, country, and world, and how they can shape their own future.

## **MISSION STATEMENT**

St. Benedict Catholic Secondary School provides a positive learning environment that will encourage academic excellence, creativity, and intellectual curiosity in harmony with each individual's abilities and interests. We are committed to providing a Catholic environment in which our students develop a sense of self-worth and self-discipline essential for personal growth. This commitment, involving all members of the St. Benedict community, recognizes that all students must be allowed to develop individual abilities to their fullest potential.

## **AT ST. BENEDICT YOU CAN EXPECT**

- Safe learning environment
- Academic excellence
- Programs and services of the highest quality
- Community modeled on Christ's teachings
- Catholic tradition based on gospel values
- Caring, innovative, and involved staff
- To be treated as an individual
- To feel a sense of belonging and respect
- To be given responsibility
- To be treated fairly

# Catholic Graduate Expectations

**A discerning believer formed in the Catholic Faith**

**An effective communicator**

**A reflective and creative thinker**

**A self-directed, responsible, life long learner**

**A collaborative contributor**

**A caring family member**

**A responsible citizen**



## Secondary Schedules

### Regular Schedule

Period 1	08:25 - 09:47
Period 2	09:50 - 11:05
Lunch	11:06 - 11:48
Period 3	11:51 - 01:06
Period 4	01:09 - 02:24

### Morning Assembly Schedule

Period 1	08:25 - 09:32
Assembly	09:35 - 10:35
Period 2	10:38 - 11:38
Lunch	11:39 - 12:19
Period 3	12:22 - 01:22
Period 4	01:24 - 02:24

### Afternoon Assembly Schedule

Period 1	08:25 - 09:32
Period 2	09:35 - 10:35
Lunch	10:38 - 11:18
Period 3	11:20 - 12:20
Assembly	12:22 - 01:22
Period 4	01:24 - 02:24

## **ATTENDANCE**

Regular attendance is one of the most important factors in a student's academic success, social development, and spiritual growth. The administration and staff at St. Benedict are committed to the safety and security of our students at all times. Therefore, we have a stringent attendance policy and procedure in place. We urge parents and guardians to cooperate and support us in this.

Attendance is taken each morning before first period and it is also taken in each period during the school day. Students are expected to be punctual and attend all classes listed on their timetable. Students are also required to attend all masses, assemblies and special functions held during the year.

### ***Procedures for Absent Students***

Parents or guardians are asked to contact the school at 705-523-9235 or email [stbenedict@sudburycatholicschools.ca](mailto:stbenedict@sudburycatholicschools.ca) as soon as possible to let us know that their child will be absent. If a student is absent and a phone call or email from the parent or guardian is not made to the school, the parent or guardian will be contacted. If the school has not heard from the parent or guardian on the day the student is absent, the student is required to return with a note from the parent or guardian. Students are to give notes to the office during period 1 or 2. All notes are kept on file.

### ***Procedures for Students Who Are Late***

Lateness can interfere with classroom instruction. Students should be on time for classes, and special events. Recurring lateness will be addressed by administration and parents. There will be a bell to signal the end of class and one to start the next. Students are expected to be in their classroom by this second bell.

## **LEAVING DURING THE SCHOOL DAY**

### ***Appointments***

If a student is required to leave school during the day (e.g. doctor's appointment), the student is to go to the office before Period 1 and present a note from their parent or guardian explaining the reason for leaving early. The student will be issued an "excused slip" that they will present to their teacher. If the student does not present a note from their parent or guardian, the student must attempt to contact them at work or at home before going to class. When the student returns to school, they must sign in at the office before going to class. Students are not permitted to leave school without permission. Leaving the school without parental consent is considered truancy and will be addressed by administration.

### ***Illness***

A student who becomes ill during the school day is to report to the office. If the student is too ill to remain at school, the parent or guardian will be contacted and arrangements will be made for the student to leave.

### ***Sign In/Sign Out Privileges***

Students who are 18 years of age may apply for Sign In/Sign Out Privileges. Approval will be given to a student based on their attendance and discipline record. These privileges are only for legitimate reasons such as illness or medical appointments.

### ***Leaving School Property***

Grade 7 to 10 students, regardless of their age, are not permitted to leave school property. Senior students in grades 11 and 12 may leave school property at lunchtime or during their study period. Students who wish to leave the school during their study periods must have a sign in/sign out permission form signed by their parents or guardians. All necessary forms can be found in the main office.

# CATHOLIC EDUCATION AND PASTORAL CARE

Catholic education views human life as an integration of body, mind, and spirit. Rooted in the vision, Catholic education fosters the search for knowledge as a lifelong spiritual and academic quest. The expectations of catholic school graduates, therefore, are described not only in terms of knowledge and skills, but also in terms of values, attitude, and actions. As a Catholic Community, St. Benedict is dedicated to its students in every aspect of their lives. The Chaplaincy Lead provides pastoral care to the St. Benedict community. The Chaplaincy Lead's office is located in the guidance area off the main office.

## ***Celebration of Sacraments***

Celebrations of the Eucharist are available to all students and staff. School liturgies are celebrated at significant points during the academic year.

## ***Chapel***

The chapel is located at the main entrance of the school. Mass is celebrated in the chapel for small groups and individual classes. The chapel is also open to students and staff to use as a quiet area to reflect and pray.

## ***Religious Studies***

Religious Education is not meant to be found in the religion class alone. Our Catholic values permeate the school and touch the students in all their classes. Each subject is taught with these values in mind. Liturgical celebrations, retreats, and community service are all integral to life at St. Benedict. Religion courses are offered for students in grades 7 to 12.

# SCHOOL POLICIES AND PROCEDURES

## ***School uniform***

All students attending St. Benedict are to be in full uniform while on school property and while representing St. Benedict in the community. A student will not be admitted to class if they are not in proper uniform.

### ***The uniform consists of the following:***

#### ***Bottom***

- Tartan kilt – is to be worn with navy, hunter green or white knee socks or tights.
- Navy dress pant or navy short – if the pant is not purchased at McCarthy's, it is to be of the same material, style, and colour.
- Students are to wear navy, hunter green, black or white sport socks. Knee high socks are optional with shorts.

#### ***Top:***

- White French-cut blouse – this blouse is tapered at the hip
- Navy or hunter green golf shirt
- Rugby shirt
- Crew neck long sleeve knitted sweater – a white undershirt may be worn underneath this sweater
- Crew neck quarter zip sweatshirt – a white undershirt may be worn underneath this sweatshirt
- Zip sweatshirt – a plain white shirt or blouse is to be worn underneath
- V-neck cardigan – the white blouse or white t-shirt is to be worn underneath.

#### ***Footwear***

Dress shoes or running shoes are to be solid black in colour and closed at the heel and toes. They should have flat non-marking soles with black laces. Shoes that are or resemble slippers, or sandals, are not permitted. Black ankle boots are permitted.

#### ***Other uniform requirements***

- T-shirt worn under blouses and shirts is to be solid white.
- Any article of clothing that is ripped, torn, or stained is not permitted.
- Footwear must be worn at all times.
- Administration reserves the right to determine the appropriateness of all non-school uniform items.



## **BUS BEHAVIOUR EXPECTATIONS**

Transportation to and from school is a privilege provided by the Sudbury Catholic District School Board. Contact the Sudbury Student Services Consortium at 705-521-1234 with any changes.

### ***Students should be familiar with the following rules:***

- All riders shall remain seated when the bus is in motion. Keep head, hands and arms inside the bus. Riders must sit in an upright position at all times.
- Fighting, and the use of obscene or inappropriate language is not acceptable.
- Bus riders are not to litter the bus with food or other debris. For health and safety reasons, eating is not permitted on the bus.
- The bus driver is asked to report any misconduct to the Principal.
- The bus driver is in complete charge while on the bus. Parents or guardian will be notified if there is misconduct.
- Bus riders may be denied the privilege of riding the bus.
- The rider will pay for damage to the bus, should there be any.
- Riders are to be at the correct loading area 5 minutes prior to the scheduled pick-up time, morning and afternoon. Students should be waiting for the bus, not the bus waiting for students.
- Smoking is not permitted on the school bus.
- It is not permitted to bring animals on the bus.
- Skates will be permitted if protected by a blade guard and musical instruments only if they can be placed on your lap and don't interfere with the safety of other riders.
- Students must take the bus that is assigned to them. Taking another student's bus is not permitted.

## **ASSESSMENT AND EVALUATION**

Assessment is the process of gathering information from a variety of sources including assignments, demonstrations, projects, performances, and tests that accurately reflect how well students are achieving the curriculum expectations. Evaluation is the process of judging the quality of a student's work on the basis of established achievement criteria and assigning a value to represent that quality.

### ***Late Assignments***

If a summative assignment piece is not submitted on the due date, the teacher in conference with the student will determine the appropriate actions/next steps or consequences needed to determine a grade reflective of student achievement.

### ***Academic Honesty***

Academic honesty is a fundamental cornerstone of student learning. Breaches of academic honesty are intentional attempts to gain credit for work that is not the student's own. All breaches of academic honesty shall be reported to the school administration and a plan of action will be implemented.

### ***Learning Commons***

The Learning Commons is open between 8:00 a.m. and 2:30 p.m. Books are available to borrow for 21 days. Long-term loans for books can be arranged upon request, if items are required for course assignments. Students may borrow laptops and iPads from the Learning Commons.

## **GETTING CONNECTED PROGRAM**

St. Benedict is a wireless environment enabling the use of various hand-held and other electronic devices. These devices are encouraged for educational purposes at school. Students will be permitted to use their device under the direction of the teacher. Students will be required to complete the Responsible Use Agreement in order to receive their password to gain access to the wireless network.

## **COMMUNITY INVOLVEMENT**

As part of the diploma requirements, students must complete a minimum of forty (40) hours of community involvement activities. These activities may be completed at anytime during their time at St. Benedict beginning in the summer between Grade 8 and Grade 9.

Community involvement activities may take place in a variety of settings: not-for-profit organizations, public sector institutions including hospitals, and informal settings. Students may not fulfill the requirement through activities counted toward a credit (cooperative education and work experience for example), through paid work, or by assuming duties normally performed by a paid employee.

The requirement is to be completed outside normal instructional hours – that is, during student designated lunch hours, after school, on weekends, or during school holidays. Students are advised to consult the Sudbury Catholic District School Board Community Involvement Policy Guidelines.

## **ACTIVITY FEE**

A student activity fee of \$40.00 will be collected from each student during the first week of September. This fee is used to subsidize student activities during the course of the school year, including a student card, lock, agenda, student activities sponsored by the Student Council and Athletic Council, and various other events held during the year. Payments can be made through School Cash Online, our online fee payment system that allows parents to pay for student fees and other school items (trips, athletic fees, pizza days, graduation or any other activity or item you have to pay for student purchase.) Parents can enroll by registering online at:

<https://sudburycatholicschools.schoolcashonline.com>

## **TEXTBOOKS**

Students are responsible for lost textbooks and library books.

## **XELLO**

Xello is an internet-based career exploration and planning tool for students as they consider career choices. It can be accessed from school or home. For more information please speak to your teacher.

## **STUDENT RESPONSIBILITIES**

### ***Hats and Caps***

Baseball caps, and other hats are not to be worn inside the school.

### ***Telephone Calls***

Students should not request to use office phones unless it is an emergency. Cell phones may be used in the school foyer or outside.

### ***Photocopying***

Photocopying is available in the Learning Commons. See the Librarian for more information.

### ***Student Parking***

Students are required to register their vehicles with the Vice-Principals. Student parking is located in the upper level. Students are to drive in a responsible manner. Parking privileges can be revoked if it is determined that student driving is unsafe. Parking passes are distributed on a first come first served basis.

### ***Valuables***

Students are asked not to bring items of value to school. Do not leave money or other valuables in your locker or the change room. The school is not responsible for lost or stolen items, including technology.

### ***Locks and Lockers***

Each student is assigned a locker and lock that they will use throughout their stay at St. Benedict. Lockers are the property of St. Benedict and can be accessed by administration at any time. Students are responsible for the care and cleanliness of

their lockers. Students are not allowed to change their locker or lock without permission from the Vice-Principal. Unauthorized locks will be removed. Lockers cannot be shared with other students. Replacement locks can be purchased for \$5.00.

### ***Smoking and Vaping***

Smoking and vaping are not permitted on school property or at any school related activities.

### ***Backpacks, Purses, Bags***

Due to safety reasons, backpacks, purses, and other forms of baggage are not allowed in the classroom or in the halls. Computer bags designed for this sole purpose are permitted.

### ***Excursions and Field Trips***

Excursions and field trips are valuable learning experiences and are an important part of the school program at St. Benedict. In all situations, school rules and policies apply. Uniforms must be worn, unless the nature of the activity requires different clothing.

### ***Eating and Drinking***

Students are not permitted to consume food or drinks in the hallways, or the classrooms. Food and drinks can only be consumed in the cafeteria or Breakfast Club room.

### ***Classroom and School Safety***

Safety is a critical part of all programs. Students must observe all rules and regulations without exception, particularly in science labs and technology shops. All students have the responsibility to foster a safe classroom environment. Horseplay and rough housing are unacceptable and will be brought to the attention of the administration

### ***Dress Down and Bear Wear Days***

From time to time, the administration will designate certain days as Dress Down Days. Proper student behaviour and appropriateness of dress, consistent with the philosophy of our school, is expected on these days. On "Bear Wear" days, spirit clothing is to be worn with the school uniform bottoms.

### ***Extra-Curricular Expectations***

At St. Benedict, we offer a vibrant extra-curricular program. Our athletes and club members tend to lead our school in spirit, character, and attitude. A student may be withdrawn from an extra-curricular program if the student experiences academic difficulty, or poor classroom attendance, at the discretion of the administration, until improvement occurs.

### ***Student Council***

The Student Council of St. Benedict consists of an elected president and four other cabinet members, two staff moderators, and social conveners from each grade level. Social conveners express the opinions and safeguard the interests of their respective classmates at Student Council meetings.

## **CODE OF CONDUCT**

St. Benedict is a caring Catholic community that fosters a positive school climate so that students learn to become self-directed, responsible life-long learners. Appropriate student behaviour and early on-going intervention, along with preventative education is integral to ensuring the safety of our students.

The Code of Conduct is enforced through a progressive discipline model which supports bullying prevention, character education, student leadership and community partnerships.

Students at St. Benedict are expected to put forth their best effort at all times and to conduct themselves in an appropriate manner, as articulated in the motto:

### **With God as guide, we seek the best.**

To achieve this, students have certain rights and responsibilities which include, but are not limited to, the right to be treated with respect and dignity. In return, they must demonstrate respect for themselves and for others and the responsibilities of citizenship through acceptable behaviour. Respect and responsibility are demonstrated when a student:

- comes to school prepared, on time and ready to learn.
- shows respect for themselves and for others.
- refrains from bringing anything to school that may compromise the safety of others.
- follows the established rules and takes responsibility for his or her own action.

## **Definition of Bullying Education Act Policy/Program Memorandum No. 144**

“Bullying” means aggressive and typically repeated behaviour by a pupil where,

1. The behaviour is intended by the pupil to have the effect of, or the pupil ought to know that the behaviour would likely to have the effect of,
  - i. causing harm, fear or distress to another individual, including physical, psychological, social or academic harm, harm to the individual’s reputation or harm to the individual’s property, or
  - ii. creating a negative environment at a school for another individual, and
2. The behaviour occurs in a context where there is a real or perceived power imbalance between the pupil and the individual based on factors such as size, strength, age, intelligence, peer group power, economic status, religion, ethnic origin, sexual orientation, family circumstances, gender, gender identity, gender expression, race, disability or the receipt of special education.

### **Cyber-bullying**

1. Creating a web page or a blog in which the creator assumes the identity of another person
2. Impersonating another person as the author of content or messages posted on the internet; and
3. Communicating material electronically to more than one individual or posting material on a website that may be accessed by one or more individuals.

Aggressive behaviour may be intentional or unintentional, direct or indirect. It can take many forms, including physical, verbal, and social. If aggressive behaviour is physical, it may include hitting, pushing, slapping and tripping. If it is verbal, it may include name calling, mocking, insults, threats, and sexist, racist, homophobic, or trans-phobic comments.

If it is social, or relational, aggression, it is more subtle and may involve such behaviours as gossiping, spreading rumors, excluding others from a group, humiliating others with public gestures or graffiti, and shunning or ignoring. Social aggression may also occur through the use of technology (e.g., spreading rumours, images, or hurtful comments through the use of e-mail, cell phones, text messaging, Internet websites, social networking, or other technology).

## **Activities for which suspensions must be considered under section 306(1) of the Education Act.**

1. Uttering a threat to inflict serious bodily harm on another person
2. Possessing alcohol or illegal drugs
3. Being under the influence of alcohol
4. Swearing at a teacher or at another person in a position of authority
5. Committing an act of vandalism that causes extensive damage to school property at the student’s school, or to property located on the premises of the student’s school
6. Bullying

## **Any other activity for which a student may be suspended under a policy of the Board**

1. Persistent truancy (only non-compulsory school age students)
2. Persistent opposition to authority
3. Habitual neglect of duty
4. Willful destruction of school property; vandalism causing damage to school or Board property located on school or Board premises
5. Use of profane or improper language

6. Use of tobacco
7. Theft
8. Aid/incite harmful behaviour
9. Physical assault
10. Being under the influence of illegal drugs
11. Sexual harassment
12. Racial harassment
13. Fighting
14. Possession or misuse of any harmful substances
15. Hate-motivated speech
16. Extortion
17. Distribution of hate material
18. Inappropriate use of electronic communications/media
19. Non-Consensual distribution of intimate images
20. Other

### **Activities for which expulsion must be considered under section 310(1) of the Education Act.**

1. Possessing a weapon, including possessing a firearm
2. Using a weapon to cause or to threaten bodily harm to another person
3. Committing physical assault on another person that causes bodily harm requiring treatment by a medical practitioner
4. Committing sexual assault
5. Trafficking in weapons or illegal drugs
6. Committing robbery
7. Giving alcohol to a minor (under 18 years of age)
8. Bullying (if the student has been previously suspended for engaging in bullying and the student's continuing presence in the school creates an unacceptable risk to the safety of another person)
9. Any activity listed in subsection 306(1) that is motivated by bias, prejudice, or hate

### **Any other activity for which a student may be suspended under a policy of the Board**

1. Possession of an explosive substance
2. Serious or repeated misconduct
3. Other

## **VTRA (Violent Threat Risk Assessment)**

### ***Fair Notice to Parents/Guardians***

The Sudbury Catholic District School Board aims to maintain a positive and safe environment in their schools for all students, staff, parents and visitors. Any kind of violence or harassment is taken very seriously. As a result, when a student's behaviour poses a serious threat to his or her safety, or the safety of others, the Board reserves the right to activate a Violent Threat Risk Assessment (VTRA).

When a VTRA is activated, parents/guardians will be notified. If a concern for safety still exists, and parents/guardians cannot be reached, or if they choose not to provide consent to share information, the threat assessment process will still proceed. Sudbury Catholic District School Board is subject to personal information privacy laws, and will undertake the collection of this information in compliance with the requirements of such laws, including by limiting collection of information that is relevant and necessary to address a risk or threat and by ensuring that information is collected from on-line sources and is only obtained from open source sites. The Board will not collect information as part of a threat assessment unless there is reason to believe that a risk exists. Information collected as part of a threat assessment may be provided to law enforcement

authorities in appropriate circumstances. In sharing personal information with community partners and agencies, each individual's right to privacy will be balanced with the need to ensure the safety of all. Student safety is our first priority.

**Please refer to the Board's website for more information: [www.scdsb.edu.on.ca](http://www.scdsb.edu.on.ca)**

## **Guidance Services for secondary students**

### **Guidance Department**

The Guidance Department at St. Benedict focuses on student orientation, education, and career planning, linkages with post-secondary institutions, as well as apprenticeship and workplace initiatives. The monitoring of student progress and the development of special programs such as peer tutoring and remediation programs for at-risk students are also key components. Individual counseling is available to students and parents who may have concerns about social, emotional, and educational development. Referrals to school resource personnel as well as community and social services are facilitated by a guidance counselor.

### **Graduation requirements**

To obtain the Ontario Secondary School Diploma, students need 18 compulsory credits which include the following:

- 4 credits in English (1 credit per grade)
- 3 credits in Mathematics (1 credit in Grade 11 or 12)
- 2 credits in Science
- 1 credit in Canadian Geography
- 1 credit in Canadian History
- 1 credit in the Arts
- 1 credit in Physical Education and Health
- 1 credit in French as a Second Language or Native as a Second Language
- 0.5 credit in Career Studies
- 0.5 credit in Civics

Plus, one credit from each of the following groups:

Group 1: additional credit in English, or French as a Second Language, or a Classical or International Language, or Social Science and the Humanities, or Canadian or World Studies, or Guidance and Career Education, or Cooperative Education.

Group 2: Additional credit in Physical Education and Health, or the Arts, or Business Studies, or French as a Second Language, or Cooperative Education.

Group 3: Additional credit in Science (Grade 11 or 12), or Technological Education, or French as a Second Language, Computer Studies, or Cooperative Education.

In addition, students must complete:

- 12 optional credits
- 40 hours of community involvement activities
- the provincial literacy requirement (OSSLT, Grade 10 Literacy Test)

### **Course Changes**

Course changes are to be requested within three days of the start of each semester. Once students have selected courses, the timetable will not be modified.

### **Student Course Load**

Students must have a full timetable each semester. Students in Grade 12 who have achieved 24 credits by that September

may be considered for one study period.

### ***Study Periods***

Grade 12 students who qualify for a study period are to remain in the Cafeteria or Library during this time as this will help minimize classroom disruptions. Students are urged to use their study period time wisely. Students on a study period are to attend assemblies, masses, and all special functions. If a study period occurs during Period 1, students are expected to report to their assigned Homeroom if they arrive at school prior to 8:25 a.m.

### ***Examinations***

Most courses require students to complete a final evaluation in the form of an examination. Our formal examination period takes place at the end of each semester and is scheduled over a period of 5 days. Normally, thirty percent of the course grade will be based on the exam mark. All students are required to write final exams. The only valid reason for missing an exam is serious illness supported by a physician's note. Taking a vacation, early summer job placements, etc., are not considered valid reasons.

## **Notes:**

# 2023

## September

Notes

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Sunday	Monday	Tuesday
<b>3</b>	<b>4</b>	<b>5</b>
22 <sup>nd</sup> Sunday in Ordinary Time	Labour Day	Professional Activity Day
<b>10</b>	<b>11</b>	<b>12</b>
23 <sup>rd</sup> Sunday in Ordinary Time		Picture Day
<b>17</b>	<b>18</b>	<b>19</b>
24 <sup>th</sup> Sunday in Ordinary Time		Picture Day
<b>24</b>	<b>25</b>	<b>26</b>
25 <sup>th</sup> Sunday in Ordinary Time		

**October**

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
		<b>1</b>	<b>2</b>
		Professional Activity Day	
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
First Day of School			
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
OPENING LITURGY			
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
		Professional Activity Day	

# 2023

## October

**Notes**

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Sunday	Monday	Tuesday
<b>1</b>	<b>2</b>	<b>3</b>
26 <sup>th</sup> Sunday in Ordinary Time		
<b>8</b>	<b>9</b>	<b>10</b>
27 <sup>th</sup> Sunday in Ordinary Time	Thanksgiving	
<b>15</b>	<b>16</b>	<b>17</b>
28 <sup>th</sup> Sunday in Ordinary Time		Progress Reports sent home
<b>22</b>	<b>23</b>	<b>24</b>
29 <sup>th</sup> Sunday in Ordinary Time		
<b>29</b>	<b>30</b>	<b>31</b>
30 <sup>th</sup> Sunday in Ordinary Time	Professional Activity Day	

**November**

	1	2	3	4			
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30			

<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>THANKSGIVING LITURGY</b>			
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>Parent/Teacher interviews</b>			
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>

"Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest." Matt. 11:28

# 2023

## November

Notes

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Sunday	Monday	Tuesday
<b>5</b>	<b>6</b>	<b>7</b>
<p><b>Daylight Savings Time Ends</b></p> <p>31<sup>st</sup> Sunday in Ordinary Time</p>		
<b>12</b>	<b>13</b>	<b>14</b>
<p>32<sup>nd</sup> Sunday in Ordinary Time</p>		
<b>19</b>	<b>20</b>	<b>21</b>
<p>33<sup>rd</sup> Sunday in Ordinary Time</p>	Grade 12 Grad Portraits	Grade 12 Grad Portraits
<b>26</b>	<b>27</b>	<b>28</b>
<p>34<sup>th</sup> Sunday in Ordinary Time <b>CHRIST THE KING</b></p>		

### December

					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Winter Uniform Begins			
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
	Remembrance Day Service	Professional Activity Day	
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Mid-term reports sent home			
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Grade 8 Grad Portraits	Grade 8 Grad Portraits		
<b>29</b>	<b>30</b>		

# 2023

## December

Notes

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**January**

1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Sunday	Monday	Tuesday
<b>3</b> First Sunday of Advent	<b>4</b>	<b>5</b>
<b>10</b> Second Sunday of Advent	<b>11</b>	<b>12</b>
<b>17</b> Third Sunday of Advent	<b>18</b>	<b>19</b> ADVENT LITURGY
<b>24</b> Fourth Sunday of Advent	<b>25</b>	<b>26</b>
<b>31</b>	<b>THE NATIVITY OF THE LORD</b>	

<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
		<b>1</b>	<b>2</b>
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
		The Immaculate Conception of Mary	
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
		Last Day of School Before Christmas Break	
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
		Holy Family of Jesus, Mary and Joseph	

# 2024

## January

**Notes**

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Sunday	Monday	Tuesday
	<b>1</b>	<b>2</b>
	Solemnity of Mary, the Holy Mother of God	
<b>7</b>	<b>8</b>	<b>9</b>
Epiphany of the Lord	Baptism of the Lord SCHOOL RESUMES	
<b>14</b>	<b>15</b>	<b>16</b>
Second Sunday in Ordinary Time		
<b>21</b>	<b>22</b>	<b>23</b>
Third Sunday in Ordinary Time		
<b>28</b>	<b>29</b>	<b>30</b>
Fourth Sunday in Ordinary Time	Exam Day	Exam Day

## February

	<b>1</b>	<b>2</b>	<b>3</b>			
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>		



<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
	Semester 1 Ends	Exam Day	
<b>31</b>			
Exam Day			

# 2024

## February

Notes

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Sunday	Monday	Tuesday
4	5	6
Fifth Sunday in Ordinary Time	Semester 2 begins	
11	12	13
Sixth Sunday in Ordinary Time		
18	19	20
First Sunday of Lent	Family Day	
25	26	27
Second Sunday of Lent		

March

					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
	<b>1</b>	<b>2</b>	<b>3</b>
	Exam Day	Professional Activity Day	
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
ASH WEDNESDAY			
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b>28</b>	<b>29</b>		
	Winter Carnival		

# 2024

## March

Notes

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Sunday	Monday	Tuesday
<b>3</b>	<b>4</b>	<b>5</b>
Third Sunday of Lent		
<b>10</b>	<b>11</b>	<b>12</b>
Daylight Savings Time Begins Fourth Sunday of Lent	March Break	March Break
<b>17</b>	<b>18</b>	<b>19</b>
Fifth Sunday of Lent		
<b>24</b>	<b>25</b>	<b>26</b>
Palm Sunday of the Passion of the Lord		Progress Reports sent home

### April

							1
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28	29	
30							

<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
		<b>1</b>	<b>2</b>
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
		March Break Begins	
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
March Break	March Break	March Break Ends	
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
	Parent/Teacher Interviews	<b>GOOD FRIDAY THE PASSION OF OUR LORD</b>	

# 2024

## April

Notes

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Sunday	Monday	Tuesday
<b>March 31</b>  RESURRECTION OF THE LORD	<b>1</b>  EASTER MONDAY	<b>2</b>
<b>7</b>  Second Sunday of Easter	<b>8</b>	<b>9</b>
<b>14</b>  Third Sunday of Easter	<b>15</b>	<b>16</b>
<b>21</b>  Fourth Sunday of Easter	<b>22</b>	<b>23</b>
<b>28</b>	<b>29</b>	<b>30</b>
<b>Fifth Sunday of Easter</b>		

May

	1	2	3	4			
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30	31		

<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Easter Liturgy			
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
	HOLY THURSDAY		
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
		Professional Activity Day	
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
Mid-terms sent home			

# 2024

## May

### Notes

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Sunday	Monday	Tuesday
	Summer Uniform begins	
5	6	7
Sixth Sunday of Easter	<b>Catholic Education Week</b>	
12	13	14
Ascension of the Lord		
19	20	21
Pentecost Sunday	Victoria Day	
26	27	28
Solemnity of the Holy Trinity		

### June

							1
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28	29	



<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>Catholic Education Week</b>			
<b>CATHOLIC EDUCATION WEEK LITURGY</b>			
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>29</b>	<b>30</b>	<b>31</b>	

# 2024

## June

### Notes

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Sunday	Monday	Tuesday
<b>2</b>	<b>3</b>	<b>4</b>
Solemnity of the Most Holy Body and Blood of Christ		
<b>9</b>	<b>10</b>	<b>11</b>
10th Sunday in Ordinary Time	Professional Activity Day	
<b>16</b>	<b>17</b>	<b>18</b>
11th Sunday in Ordinary Time		
<b>23</b>	<b>24</b>	<b>25</b>
12th Sunday in Ordinary Time	Exam Day	Exam Day

### July

1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
			<b>1</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
	Athletic Banquet		
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
YEAR END LITURGY	CONVOCATION	Prom	
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
Exam Day	Exam Day	Exam Day Last Day of School	

## Resources

### **Crisis Intervention Services**

A crisis can be triggered by an unexpected event, like a recent break-up, or a job loss. It might be something that you have been coping with for a while that becomes too much to manage, like stress at work or school, feeling alone, or thoughts of suicide. You may be having symptoms of depression, anxiety, other mental health concerns or an addiction. Service is staffed 24 hours a day, 365 days a year by staff with specialized training in Crisis Intervention.

**Call: 705-675-4760 or Children's Mobile Crisis Program 1-877-841-1101**

**Visit: 127 Cedar St. ( No appointment necessary ) 8:30am - 10:00pm**

**Meet: Mobile service. Available 10:00am - 10:00pm. Will meet you in a safe location.**

Access AIDS Committee of Sudbury	705-688-0500	
AIDS Hotline, HIV anonymous test, needle exchange	1-800-363-8388	
Alcoholics Anonymous	705-674-6217	
Centre for Addiction and Mental Health	705-675-1195	
John Howard Society of Sudbury	705-673-9576	
Narcotics Anonymous	1-888-811-3887	
Children's Aid Society	1-877-272-4334	or 705-566-3113
Children's Community Network	1-877-272-4336	or 705-566-3416
Sudbury Action Centre for Youth	705-673-4396	
Crime Stoppers	1-800-222-TIPS	
Outreach Program (adults and youth)	705-669-1502	
Genevra House	1-800-461-0133	or 705-674-2210
Salvation Army	705-673-1175	
Blue Door Cafe Sudbury Soup Kitchen	705-675-5300	
Inner City Home of Sudbury Food Bank	705-675-7550	
Salvation Army Family Services Food Bank	705-566-8151	
Kids Help Phone	1-800-668-6868	
Parent Help Line	1-888-603-9100	
Ontario Poison Centre	1-800-268-9017	
Pregnancy Care Centre of Sudbury	705-673-5003	
Violence, Intervention and Prevention (acute)	705-675-4743	
Voices for Women Sexual Assault Centre (16 years old+)	705-671-5495	
Sexual Assault Help Line	1-866-863-0511	
Sudbury and District Health Unit	705-522-9200	
Telehealth Ontario	1-866-797-0000	
Welfare Ontario - Ontario Works	705-675-2411	
YMCA Employment and Career Services	705-674-2324	







